Construction Efforts at NIOSH

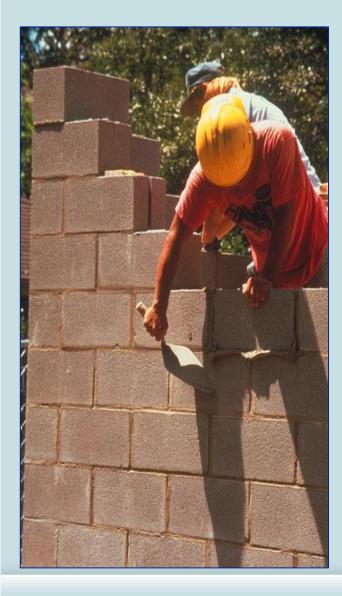


Christine M. Branche, Ph.D. National Institute for Occupational Safety and Health December 11, 2013 TAUC—The Association of Union Constructors

The findings and conclusions in this presentation have not been formally disseminated by the National Institute for Occupational Safety and Health and should not be construed to represent any agency determination or policy



Presentation Outline



NIOSH Construction Program The Construction Falls Prevention Program Lead Exposures in Construction Findings from the FACE Program Prevention through Design





The sole federal government organization charged with conducting occupational safety and health research



Organizational Chart of Federal Entities for Occupational Safety and Health

Regulation and Enforcement:

Department of Labor (DOL)

- → Mine Safety and Health Administration (MSHA)
- → Occupational Safety and Health Administration (OSHA)

Research and Prevention Recommendations:

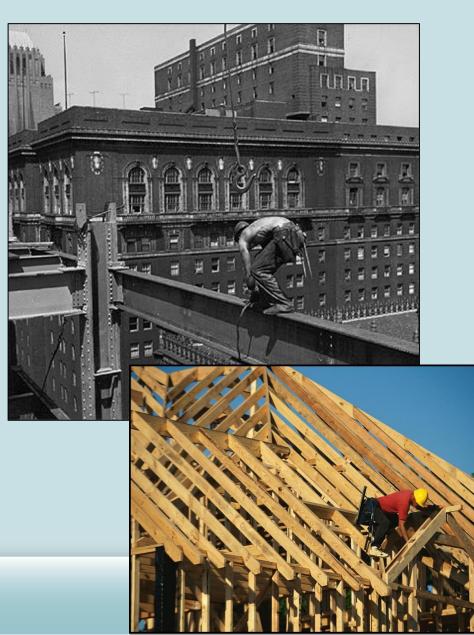
Department of Health and Human Services (HHS)

- └→ Centers for Disease Control and Prevention (CDC)
 - → National Institute for Occupational Safety and Health (NIOSH)



Mission - NIOSH Construction Program

"Provide ... leadership to prevent work-related illness, injury, disability, and death by ... gathering information, conducting ... research, and translating the knowledge gained into products, solutions, and services tailored to meet construction needs."



Program Structure and focus areas

NIOSH Office of Construction Safety and Health

Intramural Research

Basic Research Surveillance Methods Research Exposure Assessment Controls Development Applied Research Research to Practice

National Construction Center

Industry Characterization Applied Research Industry Liaison Intervention Research to Practice

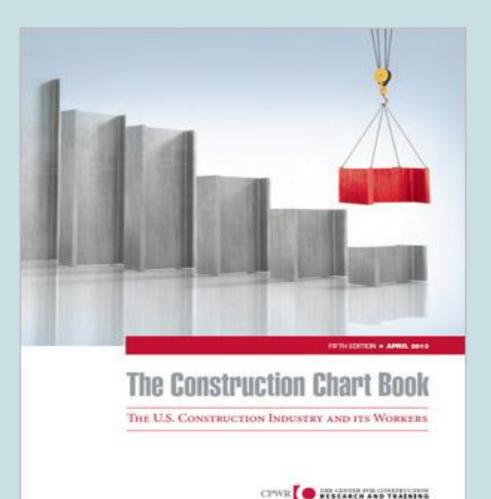
Extramural Investigatorinitiated Grants

Innovative Ideas Opportunities State Initiatives

CPWR

Center for Construction Research and Training

National Construction Center





Lise tools with vacuum attachments to capture the dust right where it starts. Dust is drawn into a hood or cover attached to the tool, through a bose, and into a HEPA-filter.



Antes de entrar...



matar una zanja?





El peso de la tierra es tan pesado que lo aplastaria Las paredes de la zanja pueden verse estables, pero NO LES TENGA CONFIANZA. Un promedio de más de tres trabaladores mueren cada mes por causa del derrumbe de una zaria." Construction Chart Book, p. 29. CPWR 2006

Infórmese más sobre los peligros en la construcción nsiga más de estas advertencias de peligro v tarietas en otros temas Llame al 301-578-8500



Infórmese más sobre cómo trabajar con seguridad en las zanjas:

Video conto de OGHA sobre cómo prevenir el domumbe de una zarja: www.youtube.com/watch?v=oFVier

Datos rápidos de 05HA sobre zarijas: www.osha.gov/Publications/trench/trench_safety_tips_card.pdf

WWW.CDWLCOM







Busque a la 'persona competente' El aqua puede mantener el potvo de silicio aleiado de aire y alejado de sus pulmones. Use herramientas que tengan accesorios para surtir agua en el punto de origen.

El acua también mantiene el polyo reducido durante des tales como el barrido y la demolición.

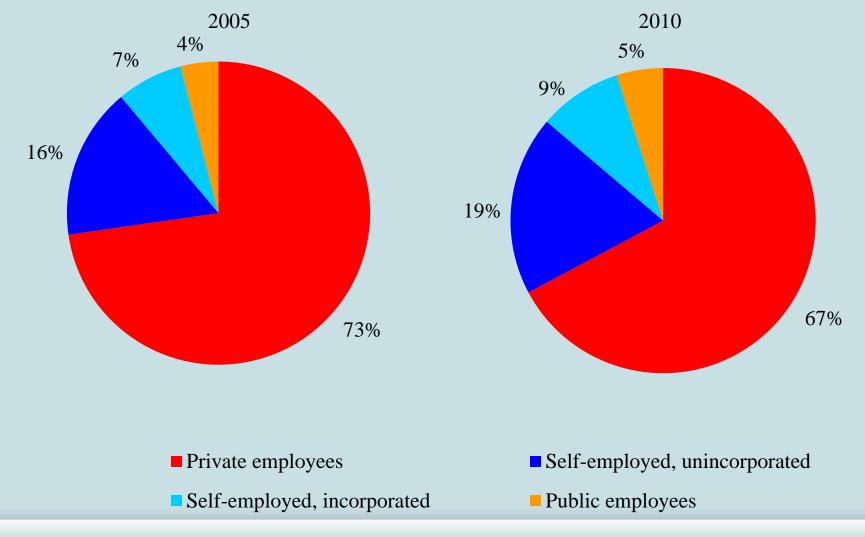
2 Trabaje solo en áreas protegidas Trabaje solo dentro del cajón de la zanja o en áreas apuntaladas si la zanja no está escalonada o protegida.

Lieve puesto un casco. No haga io mismo que este trabajador a la izq.: no hay escalera, no lleva casco, no está trabajando dentro del calón de la zania.



debe estar a no más de 25 ples de una escalera, una rampa o gradas.

Percentage of construction workforce, by class of workers, 2005 and 2010

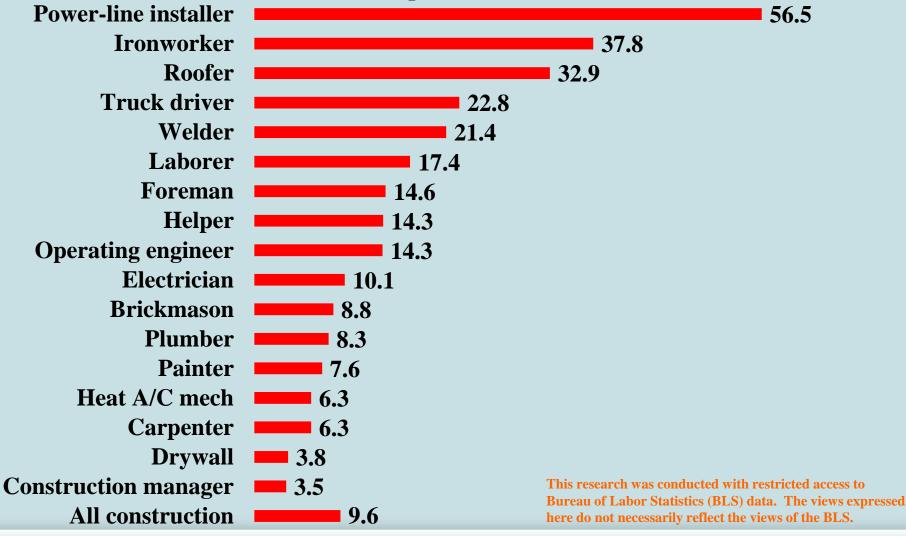


This research was conducted with restricted access to Bureau of Labor Statistics (BLS) data. The views expressed here do not necessarily reflect the views of the BLS.



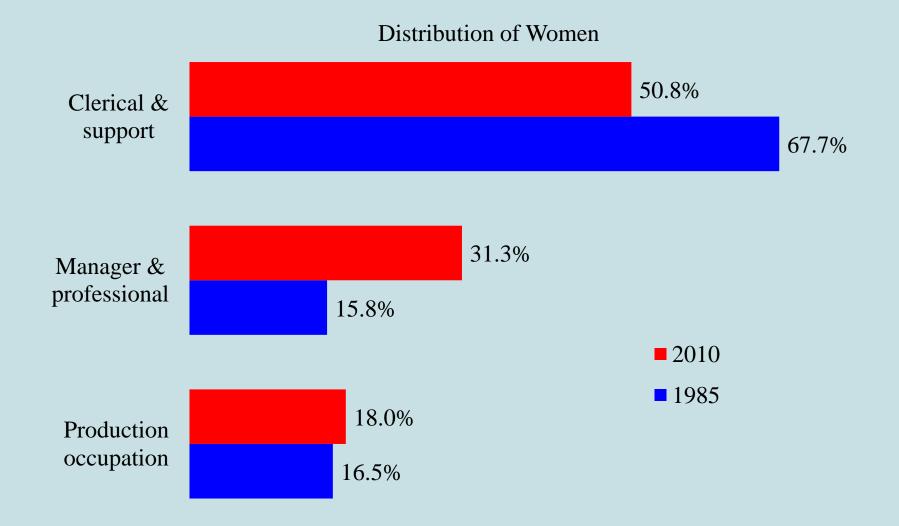
Rate of fatalities, selected construction occupations, 2008-2010 average, (all employment)

Deaths per 100,000 FTEs





Distribution of women workers in construction, by occupation type, 1985 and 2010 (all employment)



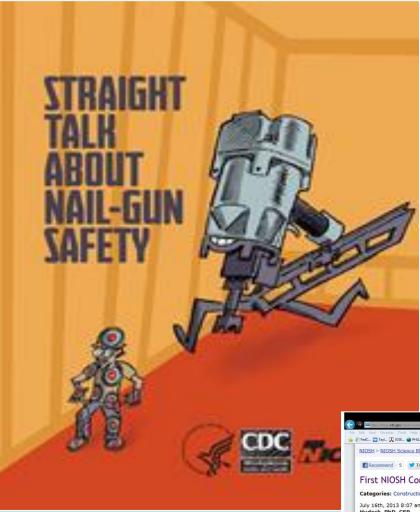
This research was conducted with restricted access to Bureau of Labor Statistics (BLS) data. The views expressed here do not necessarily reflect the views of the BLS.



Injury Assessment for Emerging Mast Scaffold Technology

Chris Pan, DSR and team





Straight Talk About Nail Gun Safety

Jim Albers and DART team

Published in June 2013

http://www.cdc.gov/niosh/docs/ 2013-149



inquiry suggesting that 150 ft/sec understates the power of these tools and referenced a velocity nearly 10 times higher (1400 ft/sec). We were confident in our data and knew that even at lower velocities, nail guns can cause serious injury. but we were curious: How could such widely varying data exist in the scientific literature? We were on the case.

Cancer

Chemicals

Fronomics

Ergonomics

Construction

Cardiovascular Disease

Emergency Response/Public Sector

Engineering Control

Initially, we were directed to an article published on the "How Stuff Works" @web site entry about nall guns (How Nall Guns Work) which stated: "Just like a handgun, power nailers fire projectiles at high speed - some designs launch nails at speeds reaching 1.400 feet per second (427 meters per second)." (3) No citation was provided for the velocity value.

When we turned to Google to find the original source, we ended up with 21,000 'hits' by using "nail gun" and "1400 feet per second" as search terms. Most sites that appeared immediately





Simple Solutions for Home Building Workers

Jim Albers and DART team

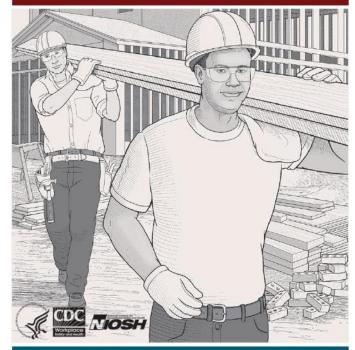
Published in June 2013

http://www.cdc.gov/niosh/d ocs/2013-111/



GUÍA BÁSICA PARA PREVENIR LESIONES EN EL MANEJO MANUAL DE MATERIALES

SIMPLE SOLUTIONS FOR HOME BUILDING WORKERS



A BASIC GUIDE FOR PREVENTING MANUAL MATERIAL HANDLING INJURIES

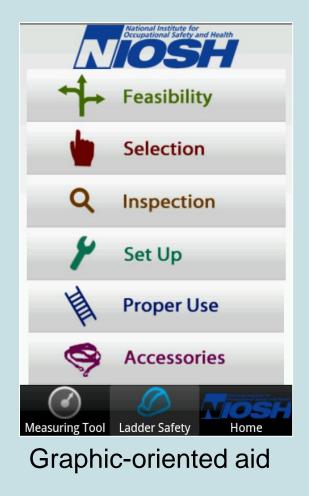
Ladder Safety Application for Smart Phones

Peter Simeonov, DSR and team

Developed APP to quickly and easily position extension ladder at correct angle



Inclination indicator







stopconstructionfalls.com

I worked construction for 10 years before my fall. It shattered my body and my livelihood.

Work safely. Use the right equipment.



FALLS FROM LADDERS, SCAFFOLDS AND ROOFS CAN BE PREVENTED!



PLAN ahead to get the job done safely. PROVIDE the right equipment. TRAIN everyone to use the equipment safely. www.osha.gov/stopfalls.gov 1 (800) 321-OSHA (6742) • TTY 1-877-889-5627



NIOSH 2012-141 / OSHA 3531-04 2012

Why a Focus on Falls?

Greatest fall fatality hazards:

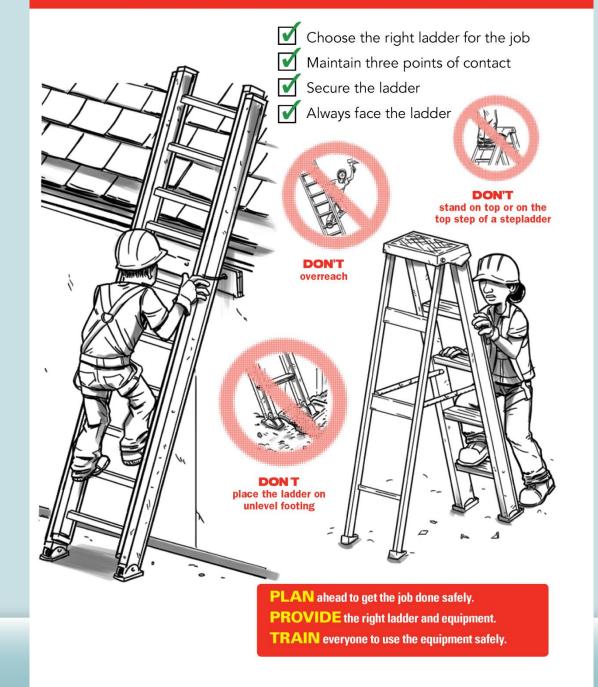
- Roofs ~ 33%
- Scaffolds ~ 16%
- Ladders ~ 16%

These 3 hazards combined account for roughly twothirds of all fatal falls in construction

They represent, however, very different problems

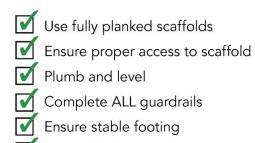


FALLS FROM LADDERS CAN BE PREVENTED!





FALLS FROM SCAFFOLDS CAN BE PREVENTED!



Inspect before use (by competent person)



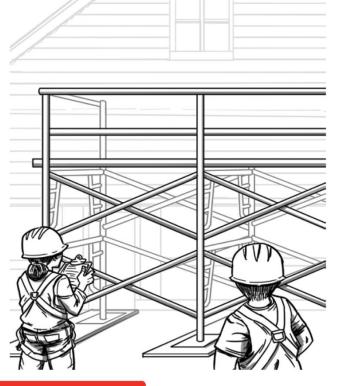
use a ladder on top of a scaffold



DON'T stand on guardrails



DON'T climb cross-braces

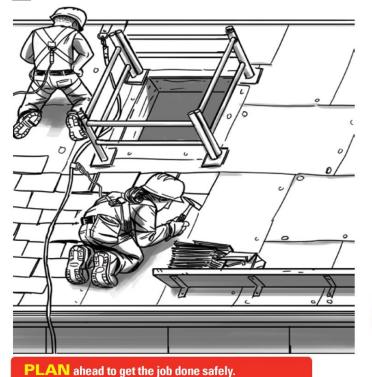


PLAN ahead to get the job done safely. PROVIDE the right scaffold and equipment. TRAIN everyone to use the equipment safely.



FALLS FROM ROOFS CAN BE PREVENTED!

 \checkmark Wear a harness and always stay connected Make sure your harness fits Use guardrails or lifelines Inspect all fall protection equipment before use Guard or cover all holes, openings, and skylights



DON'T disconnect from the lifeline



DON'T work around unprotected openings or skylights



DON'T use defective equipment



PROVIDE the right roof equipment.

TRAIN everyone to use the equipment safely.

U.S. Department of Labor

V

V

Occupational Safety and Health Administration 1-800-321-OSHA (6742) • TTY 1-877-889-5627 www.osha.gov

NIOSH 2012-142 / OSHA 3533-04 2012



Spot the Hazard: Can You Spot the Hazard?



stopconstructionfalls.com



Web Addresses

Main campaign website (CPWR—The Center for Construction Research and Training) <u>http://www.stopconstructionfalls.com</u>

Campaign posters and fact sheets http://www.cdc.gov/niosh/construction/stopfalls.html http://www.osha.gov/stopfalls/

NIOSH Science blog <u>http://blogs.cdc.gov/niosh-science-blog/</u> Fatality Assessment and Control Evaluation Program (FACE) reports <u>http://www.cdc.gov/niosh/face/</u>

To become a campaign partner: email falls@cpwr.com



NIOSH Construction Page http://www.cdc.gov/niosh/construction/

CDC Home



Centers for Disease Control and Prevention CDC 24/7: Saving Lives. Protecting People.™ NIOSH
 All CDC Topics
 Choose a topic above

SEARCH

A-Z Index for All CDC Topics

CONSTRUCTION

Construction workers and employers build our roads, houses, and workplaces and repair and maintain our nation's physical infrastructure. Construction includes building new structures, renovations involving additions, alterations, or maintenance, and repair of buildings or engineering projects such as highways or utility systems. The NIOSH Construction Program provides national and world leadership to prevent work-related illness, injury, disability, and death by systematically gathering information, conducting targeted scientific research, and translating the knowledge gained into products, solutions and services tailored to meet construction needs. In collaboration with industry and labor partners and stakeholders, including OSHA, we are dedicated to improving safety and health conditions for all construction workers.

In 2010, there were 774 fatal on-the-job injuries to workers in the construction industry – more than in any other industry sector and representative of 17% of all work-related deaths in the U.S. that year. Construction is a large, dynamic, and complex industry sector, putting nearly \$800 billion of construction in place in 2011. Construction worksites are organizationally complex multi-employer sites and present numerous health and safety challenges.

Calendar of Events





Provide Feedback about this page

Contact Us:

National Institute for Occupational Safety and Health (NIOSH) Centers for Disease Control and Prevention 800-CDC-INFO (800-232-4636)



Spotlights

- Nail Gun Safety: A Guide for Construction Contractors -- (Spanish) Seguridad con las pistolas de clavos
- Safety Pays. Falls Cost. Campaign to Prevent Construction Falls Launched
- New on NIOSH FACE: Search Residential and Commercial Construction Falls

NIOSH Construction Program on Twitter @NIOSHConstruct

| Home @ Connect # Discover | 1 | Ме | 5 | | 9 | * - C |
|---|---|-----------------|--|---|---------------------|---------------------|
| Tweets | > | | | | | |
| Following | > | | | | | |
| Followers | > | | | | | |
| Favorites | > | | Cons | struction @ N | IOSH 🤗 | |
| Lists | > | | | @NIOSHConstr | | |
| Vho to follow · Refresh · View all Phil Bregman @SafetyKitsPlus Follow | × | Fol | lists or f | ore about Construction following doesn't mean ://www.cdc.gov/niosh/co | endorsement) | (Our RT, |
| Sustainable Cities @sustaincities Follow | × | 2,276 TWEETS | 79 FOLLOWING | 8,479 FOLLOWERS | | |
| safetyphoto @safetyphoto Follow | × | Twee | ts All / No replies | | | |
| rowse categories - Find friends | | | | NIOSH @NIOSHConstr tion workers injured a y d/D1GdFk | | 3h than 200 of |
| rends · Change | | | Expand | | | |
| Benghazi Aother's Day Prince Harry thecabfollowspree taf4q | | | Falls are the nur | NIOSH @NIOSHConstr mber one cause of cons onFalls.com Follow @N | struction-worker fa | 3h Italities |
| CantBelnARelationship CantBelnARelationship BenefitsOfBeingAHoe Snoop Lion The Great Gatsby | | | UK HSE report of | NIOSH @NIOSHConstr on accident factors whe (MEWPs) bit.ly/10qPFz | n using Mobile El | 8 May evated |
| San Diego © 2013 Twitter About Help Terms Privacy | | | FACE @ NIOSH @NIOSHFACE tinyurl.com/cyug | New Construction Tool | box Talk Guides | 7 May |



Lead Developments

RIVETBUSTING Photo: Mt Sinai/CHEP From eLCOSH Images

ABLES Highlights for Construction

Manufacturing had greatest overall number of elevated blood leads (BLL > 25 μ g/dl) reported in 2009:

72% Manufacturing14% for Construction

However, construction has the greatest proportion of individuals with BLLs \geq 40 µg/dL (among those with BLL \geq 25 µg/dL) of all industries

| Painting and Paperhanging | 27.1% |
|---|-------|
| Bridge, tunnel, elevated highway construction | 25.2% |
| Special trade contractors | 26.3% |
| Heavy construction | 20.4% |





Characterization of Lead in US Workplaces Using Data From OSHA's Integrated Management Information System

Scott A. Henn, MS,^{*} Aaron L. Sussell, PhD, Jia Li, MS, Jeffrey D. Shire, MS, Walter A. Alarcon, MD, and Sangwoo Tak, ScD

Background Lead hazards continue to be encountered in the Integrated Management Information System (IMIS) is the large containing sampling results in US workplaces.

Methods *Personal airborne lead sampling results in IMIS were ex* 2008. Descriptive analyses, geographical mapping, and regressivere performed.

Results Seventy-nine percent of lead samples were in the manus sample results were highest in the construction sector (median sector, year, OSHA region, number of employees at the worksite, fe unionization, advance notification, and presence of an employees.

"The construction sector is the only sector that did not show a decrease in the percent of samples greater than the PEL (0.05 mg/m³) over the years ..." 1979 - 2008

100%

statistically associated with having a lead sample result exceed the PEL. Conclusions Lead concentrations within construction have been higher than any other industry Lead hazards have been most prevalent in the north and northeastern US_IMIS

Impact of New Information?

Research suggests that the 1993 OSHA construction lead standard, which was based on the available science for the 1978 general industry lead standard, is no longer sufficiently protective

Example:

PEL of 50 μ g/m3 \rightarrow designed to keep blood lead below 40 μ g/dl of blood trigger

....NIOSH recommends that adult blood lead levels ≥10 µg/dl be considered elevated



Health Effects at Different BLLs

| | _ | | | |
|--|---|---|--|--|
| | В | lood Lead Leve | l (µg/dL) | |
| 5-9 | 10-19 | 20-39 | 40-79 | ≥ 80 |
| Possible adverse population effects suggested by epidemiological studies NTP: BLL<10 µg/dL Essential tremor Increased risk of hypertension Increased blood pressure NTP: BLL<5 µg/dL: | 10-19 Possible spontaneous abortion Reduced newborn birth weight Possible blood pressure changes Possible renal dysfunction (Possible neurocognitive deficits) (Possible postnatal development delay) | 20-39 > Spontaneous abortion > Reduced newborn birth weight > Possible blood pressure changes > Possible renal dysfunction > Possible non- specific symptoms > Possible CNS effects -Memory and attention deficits (> Possible postnatal development delay) | 40-79 Spontaneous abortion Reduced newborn birth weight Non-specific symptoms CNS effects Sperm effects -lowered counts -abnormal sperm Subclinical peripheral neuropathy Possible hypertension Possible anemia Possible renal damage Possible gout (> Possible postnatal development delay) (> Neurocognitive deficits) | ≥ 80 > Spontaneous abortion > Reduced newborn birth weight > Non-specific symptoms > CNS effects > Sperm effects > Peripheral Neuropathy > Hypertension > Anemia > Abdominal Colic > Nephropathy > Gout (> Neurocognitive deficits) (> Encephalopathy) |

Source: AOEC's Medical Management Guidelines. For effects in () Kosnett et al and Shih et al.

| | http://www.ddbick.gdw/unogams/olppp/Pages/LeadStaffaccusps P × ≅ C × Image: Calaboration between Atmatic @ Recommendations for impr× Image: Atmatic atmaticatmatitmatmatic atmatic atmatic atmatic atmatic atma |
|--------------|---|
| alifo U | This site · California |
| vices | Health Information Certificates & Licenses Publications & Forms Data Home > Programs > Occupational Lead Poisoning Prevention Program > Recommendations for |
| | improving the Cal/OSHA Lead Standards |
| n su | |
| i su | Recommendations for improving the Cal/OSHA Lead Standards |
| n su n, & | Recommendations for improving the Cal/OSHA Lead |

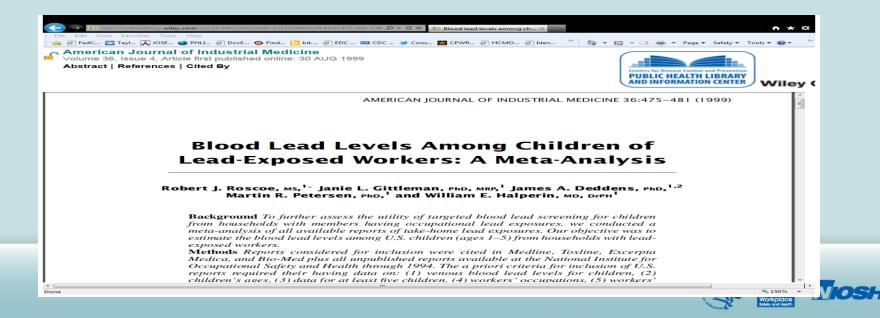
Dr. John Howard moderated "Lead in the Workplace: The New Science" in California, Nov 2013 California Department of Public Health Occupational Lead Poisoning Prevention Program recommended a dramatic reduction in the amount of lead in workplace air allowed under the Permissible Exposure Limit.

Health-based PEL \rightarrow at or below 0.5 – 2.1 µg/m³ to keep workers' blood lead levels at or below 5 to 10 micrograms per deciliter (µg/dL) over a working lifetime.



What about the Children of Exposed Workers?

"Based on a meta-analysis of 10 reports from 1987-1994, the children (n=139) of lead-exposed workers (n=222) had a geometric mean blood lead level of 9.3 µg/dL compared to a U.S. population geometric mean of 3.6 µg/dL (P=0.0006). Also in this group, **52% of the children had blood lead levels** (BLLs) ≥ 10 µg/dL compared to 8.9% in the U.S. (P=.0010), and 21% of the children had BLLs ≥ 20µg/dL compared to 1.1% in the U.S. (P=.0258)." [emphasis added]



"Failure to screen this population will probably mean that their lead poisoning will be missed because they might not live in neighborhoods or houses which would otherwise make them candidates for targeted screening." Roscoe, et al. Conclusions, pg. 480

Trigger levels for childhood blood leads have also been reduced based on new information: From 10 ug/dl to no safe level ... with use of 5 ug/dl as a "reference level" to recommend testing

"Children who come in contact with lead-exposed workers should be targeted for blood lead screening"

(ABLES Description webpage)

The Bottom Line: Lead continues to pose challenges for Construction



The Fatality Assessment and Control Evaluation (FACE) Program



FACE Website: www.cdc.gov/niosh/face

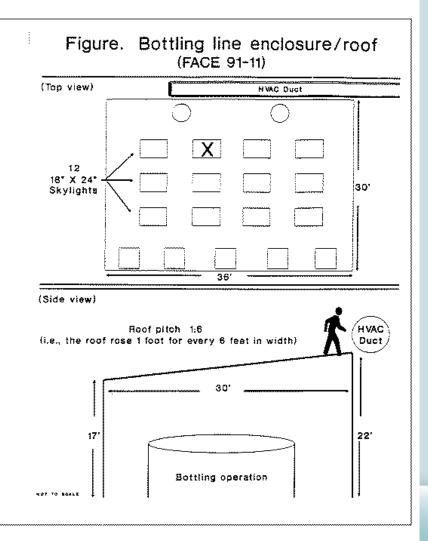
Reports Do Not Use Any Identifiers or Place Blame



Ironworker Dies in Ohio Following a 20' Fall Through a Skylight Opening, Ohio







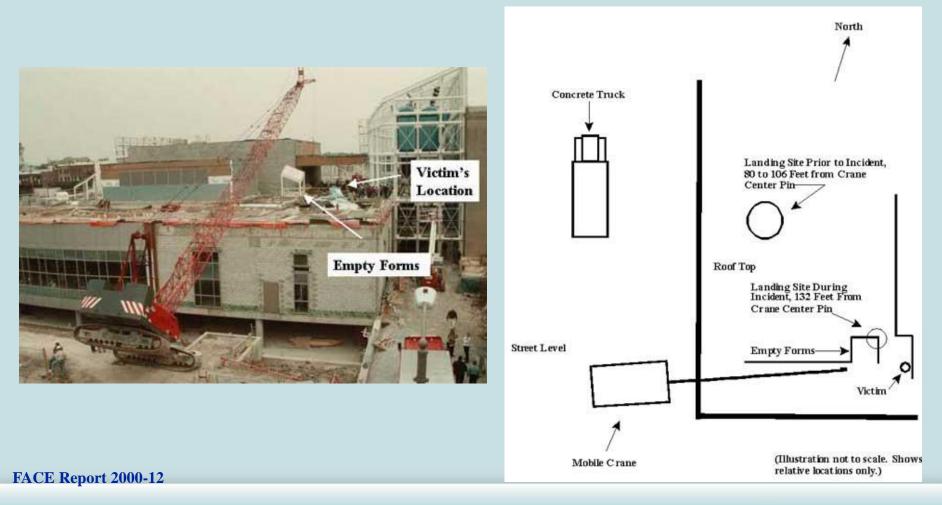
Scaffold Erector Dies After Falling 60' from Scaffold Inside Boiler, South Carolina



FACE Report 9808



Carpenter Dies After Being Struck by Uncontrolled Concrete Bucket When Crane Tips Over, Ohio





4 Construction Workers Die after Cantilever Launching Gantry Collapses at Bridge Construction Site, Ohio



A.



FACE Report 2004-05

Welder/Ironworker Dies After Becoming Entangled in a Beltline Driveshaft, South Carolina



FACE Report 9607



Prevention through Design (PtD)

Mission: Design out hazards and minimize risks associated with:



Facilities

Work methods

Processes

Equipment

Products & new technologies



What is Prevention through Design?

Eliminating or reducing work-related hazards and illnesses and minimizing risks associated with

- -Construction
- -Manufacturing
- -Maintenance

-Use, reuse, and disposal of facilities, materials, and equipment



DESIGN MATTERS!





Design as a Risk Factor: Australian Study, 2000–2002

Main finding: design contributes significantly to work-related serious injury.

37% of workplace fatalities are due to design-related issues.

In another 14% of fatalities, design-related issues may have played a role.

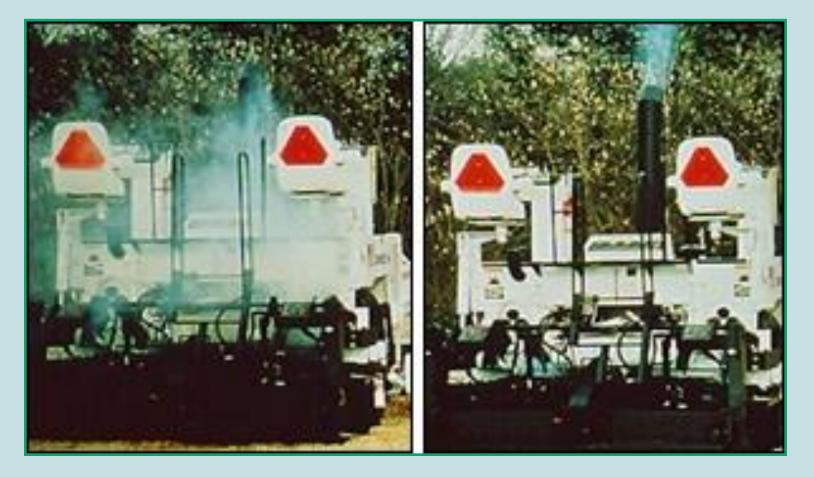
From Driscoll et al., 2008



Photo courtesy of Thinkstock



Asphalt repaving



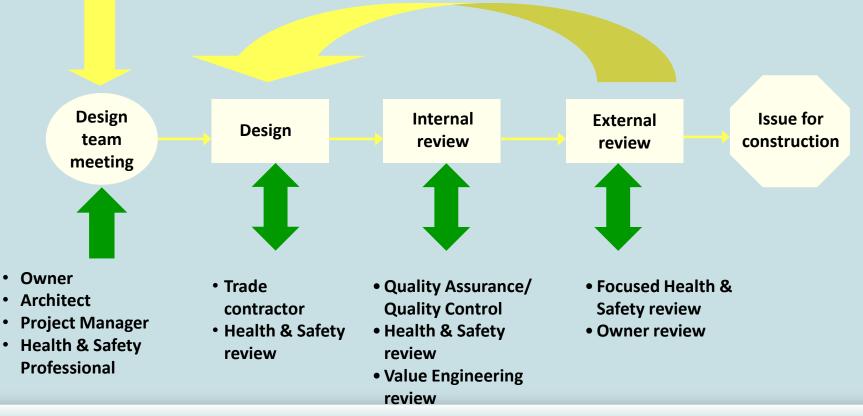
Before and after photos of asphalt fume emissions from highway-class pavers

Cervarich MB. Prevention through Partnerships. PtD in Motion; 2008 (Issue 2).



PtD Process

- Establish PtD expectations
- Include construction and operation perspective
- Identify PtD process and tools



Hecker et al. 2005



Prevention through Design: Basic Steps

- Identify potential hazards
- Evaluate risks
- Eliminate or reduce risks
- Communicate residual risks to downstream users





Why Prevention through Design?

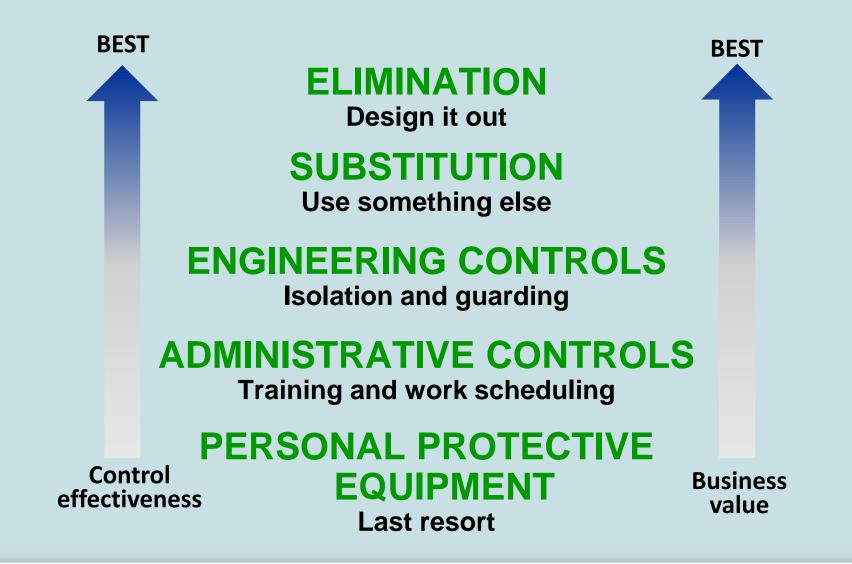


Ethical reasons Construction dangers Design-related safety issues Financial and non-financial benefits Practical benefits

Photo courtesy of PakIndfun.com



Hierarchy of Controls





Per ANSI/AIHA Z10-2005

Personal Protective Equipment (PPE)

Last line of defense against injury

- Examples:
 - Hard hats
 - Steel-toed boots
 - Safety glasses
 - Gloves
 - Harnesses



OSHA [www.osha.gov/Publications/osha3151.html]



Clients Likely to be Interested in PtD

Industrial clients where shut downs are expensive

Hospitals

Lab facilities

Security and emergency response operations

Emerging areas:

- Smart Grid
- Microgeneration



PtD: Digging Deeper

Design is at the top of the Hierarchy of Controls....but safety and health professionals cannot do design alone.

Design is done by architects and engineers – yet they do not currently recognize or appreciate the need, and do not have safety and health expertise, or may be concerned about liability.

 \rightarrow Need collaborative effort to do PtD



NIOSH Construction Program and PtD

Supported the 2003 *"Designing for Safety and Health in Construction"* Symposium in Portland, Oregon University of Okigon Labor Education And Remoutly Circuit

Designing for Safety and Health in Construction

Proceedings from a Research and Practice Symposium

> Steven Hecker, John Gambatese, and Marc Weinstein Editors



Accidents in Construction Linked to Design

22% of 226 injuries linked partly to design, 2000-2002 study in Oregon, Washington, California

42% of 224 fatalities in U.S. during 1990-2003 linked to design

60% of fatal accidents resulted in part from decisions made before site work began, 1991 study in Europe

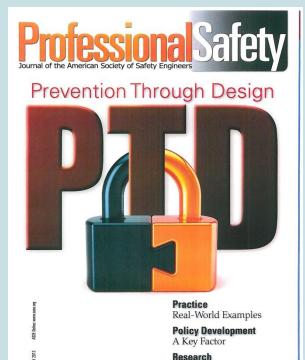
63% of all fatalities and injuries could be attributed to design decisions or lack of planning



Education

PtD in engineering textbooks PtD in engineering and H&S curricula

- 2 dozen university partners
- ABET
- NCEES
- Develop and disseminate engineering education modules
- Develop and disseminate educational programs to health and safety professionals
 - ASSE, AIHA





The Power of Collaboration

Websites

Prevention through Design web page http://www.cdc.gov/niosh/programs/PtDesign/

Research to Practice (r2p) case studies <u>http://www.cdc.gov/niosh/programs/PtDesign/r2p.html</u>

PtD and Sustainability http://www.cdc.gov/niosh/topics/ptd/greenjobs.html PtD 2011 Conference Proceedings http://www.asse.org/professionalaffairs_new/ptd.php PtD wiki http://www.orcehs.org/wiki/display/orcehs/PtD+Case+Studies



Business Value of PtD

Anticipate worker exposures—be proactive Align health and safety goals with business goals Modify designs to reduce/eliminate workplace hazards in

| Facilities | Equipment | |
|------------|------------|--|
| Tools | Processes | |
| Products | Work flows | |

Improve business profitability!





Benefits of PtD

Reduced site hazards and thus fewer injuries Reduced workers' compensation insurance costs Increased productivity Fewer delays due to accidents Increased designer-constructor collaboration Reduced absenteeism Improved morale Reduced employee turnover



Industries Use PtD Successfully

Construction companies Computer and communications corporations **Design-build contractors Electrical power providers** Engineering consulting firms Oil and gas industries Water utilities

And many others



Green Building on the Rise

- 76% of Architects
- 66% of Contractors
- 51% of Subcontractors

... believe that green construction will be the <u>norm</u> for their trade or profession by 2016

McGraw Hill (2012). Expectation of Green as a Norm for Firm/Industry by 2016. p 15



Is Green Construction Better?



Not Always











IDEA: Integrate Safety & Health into Green Construction

- **GREEN** building is on the increase
- Rating systems (e.g. LEED) are driving best practices
- How do SAFETY and SUSTAINABILITY relate?

Target:Safety and Health communityUS Green Building Council (USGBC)Architects and DesignersOwners

LEED = Leadership in Energy and Environmental Design



ISSUES

- How safe is green construction?
- How do rating systems address safety & health?



OPPORTUNITIES



Can we promote worker safety and health as a fundamental dimension of true sustainability?

Can we encourage Prevention through Design (PtD)?



It is common to assume that green building projects are inherently safer for workers...

EXAMPLE: "Attention to environmental issues during construction leads to a safer and healthier work site" Los Alamos National Lab Sustainable Design Guide, p64

...and common to overlook safety and health

EXAMPLE: "There currently is a blind spot in sustainable design practice when it comes to worker safety and health... Tremendous focus is placed on materials, energy and the environment, but designers typically give little, if any, consideration to the safety and health of the people who install the green features or build the projects"

John Gambatese, "Don't Leave Safety Out of Sustainability" ENR Editorial, 11/18/2009



Las Vegas CityCenter—The Wake Up Call



Development wins 6 coveted design certifications (Las Vegas, NV) - More than three months before it opens, the \$8.5 billion CityCenter development has received six Leadership in Energy and Environment Design (LEED) gold certifications from the U.S. Green Building Council....(Las Vegas Review Journal, September 14, 2009)

Six deaths during 2007-2008 construction phase (Las Vegas, NV) - MGM Mirage's CityCenter



Construction and Maintenance Workers

Key role in building lifecycle

- Build
- Maintain
- Renovate/Refurbish/Replace
- Decommission/Demolish

Face many types of hazards

- Injuries: Falls, struck by, electrocution
- Illness: Silica, welding, noise, solvents
- Musculoskeletal Disorders:
 Awkward postures, high exertion, heavy lifting



Renovation of Portland Federal Building Photo: Matt Gillen



Strategies for Integrating Safety and Health into Green Building

"Life Cycle Safety" Green building is oriented towards "Life Cycle" thinking Design Construction **Construction and Maintenance workers play key** roles in the built environment "Life Cycle"

Operations & Maintenance

No access No power No equipment setback from edge No fall protecti<mark>on</mark>

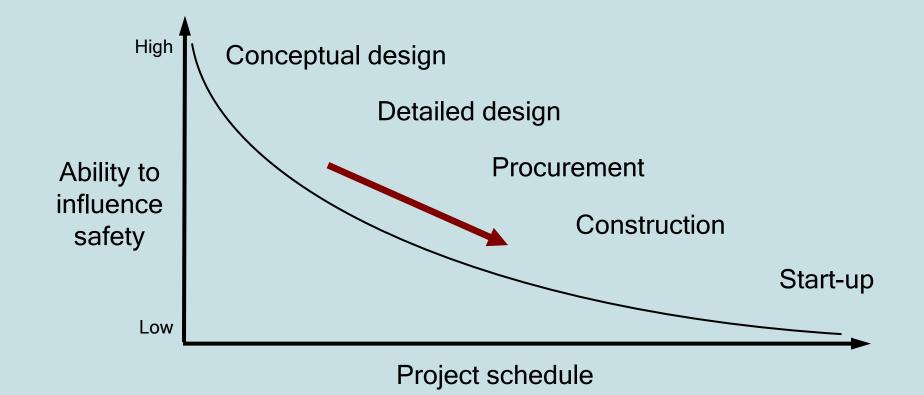
Photo: Matt Gillen

Servicing rooftop HVAC equipment

Fall exposures "Error trap" for workers Design issues?

HVAC= Heating, Ventilation, and Air Conditioning

Safety Payoff During Design





LEED includes some elements related to worker health and well-being

Building Occupants

Major LEED focus Largest worker group – lowest risk

Custodial Workers

Minor LEED focus Smaller worker group – medium risk

Construction, Maintenance Workers Minor LEED focus Smaller worker group → highest risk potential



But What is Missing?

| Type of OUTCOME | HEALTH & WELL-BEING | SAFETY | ERGONOMICS |
|--|--------------------------------|---------------|------------------------------------|
| V Type of WORKER | lliness | Injury | MSD Musculoskeletal Disorder |
| Building Occupant | Major focus via IEQ credits | Not addressed | Pilot Credits |
| Custodial Worker | Minor focus | Not addressed | Minor focus |
| Operations, Maintenance (O&M), and Construction Worker | Minor focus | Not addressed | Not addressed |



NIOSH Perspectives on Sustainability

"As green and sustainable practices become more common in the U.S, there is an opportunity to promote worker safety and health as a fundamental dimension of true sustainability. ...

A sustainable product, process or technology should not only protect the environment and the consumer but also the worker. Green jobs must be safe jobs."

NIOSH Science Blog: *Going Green: Safe and Healthy Jobs, January 4,* 2010 http://blogs.cdc.gov/niosh-science-blog/2010/01/green-2/



Help make the workplace safer...

Include *Prevention through Design* concepts in your projects.

For more information, please contact the National Institute for Occupational Safety and Health (NIOSH) at

Telephone: (513) 533–8304 E-mail: <u>preventionthroughdesign@cdc.gov</u>

Visit these NIOSH Prevention through Design websites: <u>www.cdc.gov/niosh/topics/PtD/</u> <u>www.cdc.gov/niosh/programs/PtDesign/</u>



Summary

PtD is the preferred approach – Working at the top of the hierarchy of controls is most reliable

PtD provides potential solutions for tackling a major cause of fatalities

PtD provides opportunities for working with owners and clients to improve safety and productivity



"In many respects, PtD is a transformative concept for the 21st century. It views investments in worker safety and health as an integral part of business efficiency and quality, rather than as a cost. It is also a practical concept that has already been used successfully in several model applications."

> John Howard, MD Director, NIOSH, CDC November 22, 2010



NIOSH Directory of Construction Resources

www.cdc.gov/niosh/construction/

Twitter

http://twitter.com/NIOSHConstruct

Christine Branche

Principal Associate Director Director, Office of Construction Safety and Health Construction Program Manager 202-245-0625 cbranche@cdc.gov

With thanks to

Matt Gillen

Deputy Director, Office of Construction Safety and Health NIOSH Construction Program Coordinator

The findings and conclusions in this presentation have not been formally disseminated by the National Institute for Occupational Safety and Health and should not be construed to represent any agency determination or policy.

